

Teresa Trigueros Ramos

Senior Associate

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Overview

Teresa Trigueros Ramos regularly advises national and multinational companies on judicial and nonjudicial matters. Her clients are from a range of industry sectors, including banking, insurance, energy, distribution, tourism, services, the media, and new technologies.

She has extensive experience in the design and implementation of documents related to business unit transfer operations, collective dismissals, collective bargaining, collective files of substantial modification of working conditions, or nonapplication of the agreement. She also provides labor-related advice to senior managers and professional athletes. She has directed numerous legal proceedings in all instances.

Teresa regularly tutors students from the Faculty of Social and Legal Sciences of Carlos III University in their external practices, as well as students who have studied the Master of Legal Practice and Access to Law (Centro de Estudios Garrigues, ESADE). She has published several articles on labor matters in the human resources magazine *Observatorio*.

Her education includes Superior Technician in Prevention of Labor Risks with a Speciality in Security in the Workplace, and Legal Practices of the Illustrious, Bar Association of Malaga.

Books & Book Chapters

, Co-author of the publication *"The So-called Individual Phase of Collective Dismissal."* Tirant lo Blanch. 2015

Recognition

- Named, The Best Lawyers in Spain™ , 2022-2025

Education

Bachelor of Law, University of Sevilla,

Master in Management of Prevention in the Company, European Institute of Health and Social Welfare,

Bar Admissions

Spain

Languages

Spanish

English

Publications & Press

Littler Attorneys in Brazil, Colombia, Mexico, Portugal, Puerto Rico and Spain Recognized in 2025 Best Lawyers™ Editions

Press Release

November 14, 2024

Littler Attorneys Named in 2024 Best Lawyers™ for Colombia, Portugal, Puerto Rico and Spain

Press Release

November 16, 2023

Maneuvers to rake the salary of employees

In the News

February 4, 2023

Littler Attorneys in Three Countries Named to 2022 Best Lawyers™ Lists

Press Release

December 6, 2021

Companies Take Advantage of the Implementation of Equality Plans to Incorporate Their Workplace Harassment Protocols

In the News

June 11, 2021