

Raoul Parekh

Partner

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Practice Areas

Employee Benefits
HR Advice and Counsel
International Employment Law
Litigation and Trials
Financial Services

Overview

Raoul Parekh leads the London office's international practice. He works across all areas of employment law, including advisory, litigation and transactional support. He has a particular focus on assisting international clients with their UK and EMEA employment law challenges.

Raoul has significant employment tribunal litigation experience, as well as High Court employee competition matters. He is also experienced in day-to-day HR support, including dealing with employee grievances and consultation processes, terminations and drafting contracts and policies. Raoul acts for several "professional employer organisations" (or PEOs) and "employers of record" (or EORs), advising them on their UK and international employment compliance strategy and other issues. He has been invited to speak to the UK and European Employment Lawyers Associations about the employment law issues raised by these innovative sectors.

Raoul Parekh was a founding co-chair of ELA's Race Equality Committee. He also leads our internal Pro Bono and CSR programme and volunteers at the University House Legal Advice Centre's employment law clinic.

Raoul is recognised as a leading practitioner in Chambers and Partners (2025). The guide states: 'Raoul co-leads the international practice at GQ|Littler. He stands out for his ability to advise clients on all manner of workplace issues including internal investigations and team moves. Parekh's client base is varied and includes employers operating in the financial services and technology sectors.' Clients say "You know that you can always count on Raoul to provide you with all you need and with all you didn't know you need."

Clients in the Legal 500 (2023) say "Raoul Parekh is a superstar. One of the best solicitors in employment law around. His meteoric rise to partnership is well-deserved."

Prior to joining GQ|Littler in June 2015, Raoul worked in Baker McKenzie's London employment team, where he coordinated employment advice for international clients across EMEA and globally, as well as advising on UK matters. During this time, he also completed secondments to the in-house employment law teams at Lloyds Banking Group and Standard Chartered Bank.

Professional and Community Affiliations

- Member, Employment Lawyers Association

Events & Speaking Engagements

Putting Global Trends to Work

Littler Executive Employer Conference, Phoenix, AZ

May 11, 2023

A Practical Primer on Inclusion, Equity & Diversity Programs

Littler Executive Employer Conference

May 4, 2022

Pay Equity Goes Global: How U.S. employers can tackle EMEA gender pay laws

May 29, 2019

You're Fired! An Apples-to-Apples Comparison of the Employee Dismissal Process Across Key International Jurisdictions

February 27, 2018

Recognition

- Ranked *Chambers and Partners*, 2023-2025
- Named, Up and Coming *Chambers and Partners*, 2021-2022
- Named, Recommended Lawyer *Legal 500*, 2022-2023, 2025
- Named, IEL Elite *International Employment Lawyer*, 2024
- Named, Tomorrow's Leaders *International Employment Lawyer*, 2022

Bar Admissions

United Kingdom (England and Wales)

Publications & Press

Trump Rolls Back DEI in the US – Should UK Employers Change Course?

Littler ASAP

February 3, 2025

EU Platform Workers Directive Came into Force on December 1, 2024

Littler ASAP

December 16, 2024

The Littler 2024 European Employer Survey Report

Littler Report

October 9, 2024

Election Outcomes, AI Adoption, and ESG Issues Pose New Challenges for European Employers, Littler Survey Finds

Press Release

October 9, 2024

We are considering layoffs in the UK. How should we plan our approach to these dismissals?

Littler 2 the Point Video

February 15, 2024

Littler Global Guide - United Kingdom - Q4 2023

Littler Global Guide Quarterly

January 16, 2024

Half of European employers say employees complying with in-person work policies: survey

In the News

November 9, 2023

European firms navigate AI adoption, divisive social issues, and flexible working

In the News

November 9, 2023

Just Half of In-House Lawyers Say Company Employees Follow In-Person Work Requirements

In the News

November 9, 2023

Enforcing office attendance challenging across Europe, report finds

In the News

November 8, 2023

European Employers Navigate New Pressures Around Flexible Work Models, AI Adoption and Divisive Social Issues

In the News

November 8, 2023

Hybrid Working 'Here To Stay,' Littler Survey Shows

In the News

November 8, 2023

The Littler 2023 European Employer Survey Report

Littler Report

November 8, 2023

European Employers Navigate New Pressures Around Flexible Work Models, AI Adoption and Divisive Social Issues, Littler Survey Finds

Press Release

November 8, 2023

Littler Global Guide - United Kingdom - Q2 2023

Littler Global Guide Quarterly

July 21, 2023

Littler Global Guide - United Kingdom - Q4 2022

Littler Global Guide Quarterly

January 26, 2023

Employment tribunals in England and Wales suffer severe delays post-Covid

In the News

December 28, 2022

Littler World Cup Matchups Part 6: Harassment

Littler ASAP

December 7, 2022

Littler World Cup Matchups Part 3: Workplace Safety

Littler ASAP

November 21, 2022

Post-Covid, European firms are still struggling with workplace transformation

In the News

November 18, 2022

Littler World Cup Matchups Part 2: Short-Term Sick Pay

Littler ASAP

November 18, 2022

Littler World Cup Matchups Part 1: Paid Vacation and Annual Leave

Littler ASAP

November 17, 2022

Flexible Work Faces Obstacles Among European Employers, Survey Finds

In the News

October 21, 2022

The Littler 2022 European Employer Survey Report

Littler Report

October 18, 2022

European Employers Caught Between Desire for In-Person Work and Need to Provide Flexibility, Littler Survey Finds

Press Release

October 18, 2022

'Wandering workers' a specific legal risk for UK businesses

In the News

October 18, 2022

Littler Global Guide - United Kingdom - Q2 2022

Littler Global Guide Quarterly

July 18, 2022

COVID-19: EMEA Lockdown Restrictions (June Update)

Littler Report

June 30, 2022

How HR can mitigate the risks and reap the rewards of AI at work

External Publication

June 10, 2022

Planned redundancies up 60 per cent as firms feel pressure of interest rate rise and borrowing costs

In the News

May 16, 2022

Littler Global Guide - European Union - Q1 2022

Littler Global Guide Quarterly

April 18, 2022

Littler Global Guide - United Kingdom - Q1 2022

Littler Global Guide Quarterly

April 18, 2022

U.K. Firms Double Planned Redundancies on Ukraine, Study Says

In the News

April 10, 2022

Planned redundancies drop 86 percent from COVID peak, data shows

In the News

January 24, 2022

Littler Global Guide - United Kingdom - Q4 2021

Littler Global Guide Quarterly

January 19, 2022

The Littler 2021 European Employer Survey Report

Littler Report

November 10, 2021

Littler Survey: Most European Employers Reopening Offices, But Disconnect Emerges with Employees on Hybrid Work Models

Press Release

November 10, 2021

Positive discrimination: the case for legal reform

External Publication

August 5, 2021

Littler Global Guide - European Union - Q2 2021

Littler Global Guide Quarterly

July 19, 2021

Littler Global Guide - United Kingdom - Q2 2021

Littler Global Guide Quarterly

July 19, 2021

Lorry driver sacked for refusing to wear face mask was not unfairly dismissed, landmark ruling shows

In the News

February 26, 2021

Fewer planned redundancies in November as furlough extension kicked in

In the News

December 23, 2020

Discrimination cases may take up to 14 months in tribunal

In the News

November 11, 2020

Employment tribunals have almost ground to a halt

In the News

November 9, 2020

Employment tribunals backlog could trigger more settlements

In the News

September 29, 2020

Average wait time for tribunal stands at nine months, claim lawyers

In the News

September 21, 2020

Employment tribunals backlog could trigger more settlements

In the News

September 21, 2020

UK: Final Furlough FAQs

Littler ASAP

August 31, 2020

GDPR: Business needs Europe-wide track and trace cohesion

In the News

August 6, 2020

Labour Pains

In the News

July 27, 2020

UK: It's Not Me, It's You – Passing the Liability Buck While Working from Home

Littler ASAP

May 26, 2020

Lessons from Asia in Unlocking Lockdown

External Publication

May 21, 2020

Littler Global Guide - United Kingdom - Q1 2020

Littler Global Guide Quarterly

April 15, 2020

Judges failing to use powers to dismiss claims as tribunal backlog worsens

In the News

February 18, 2020

Judges accused of not using powers to cut employment tribunal backlog

In the News

February 17, 2020

“Ethical veganism” is a protected belief in the UK – what does that mean for employers?

Littler ASAP

February 10, 2020

Littler Global Guide - United Kingdom - Q4 2019

Littler Global Guide Quarterly

January 22, 2020

From Food to Staff Uniforms, Ruling Will Be Felt

External Publication

January 4, 2020

Littler Global Guide - United Kingdom - Q3 2019

Littler Global Guide Quarterly

October 16, 2019

Handling Harassment Allegations in Europe: Critical Do’s and Don’ts

Littler Podcast

September 9, 2019

Mandatory Procedures for Employee Dismissals for Misconduct or Work Performance in Japan, Colombia, the Netherlands, and the UK

Littler Podcast

August 29, 2019

Employment tribunal claimants are waiting 18 months before their case is being heard due to backlog, lawyers

In the News

July 29, 2019

Landmark Supreme Court ruling finds non-compete clause was not too wide to be enforced

In the News

July 3, 2019

Employers dodge a bullet as Supreme Court rules in favour of upholding restrictive covenant

In the News

July 3, 2019

Brokers May Find It Harder to Quit for Rivals After U.K. Ruling

In the News

July 3, 2019

12 Months Since GDPR - What Do Employers Really Need to Know?

Littler ASAP

June 13, 2019

UK Gender pay gap – where are we now?

Littler ASAP

May 1, 2019

UK: Can a Suspension Amount to Forced Resignation?

Littler ASAP

April 16, 2019

Littler Global Guide - United Kingdom - Q1 2019

Littler Global Guide Quarterly

April 15, 2019

UK: Can a Suspension Amount to Forced Resignation?

In the News

April 11, 2019

#M&Atoo

External Publication

April 1, 2019

Embrace or Rage Against the Machine? The HR Costs and Benefits of Automation

Littler Podcast

November 28, 2018

Ireland Set to Embrace Shared Parental Leave After False Start in the UK

Littler ASAP

October 15, 2018