

Maura A. Mastrony

Shareholder

One Century Tower
265 Church Street, Suite 300
New Haven, CT 06510
main: +1 (203) 974-8700
direct: (203) 974-8703
fax: +1 (203) 974-8799
mmastrony@littler.com



Practice Areas

Litigation and Trials
Discrimination and Harassment
Appellate
Labor Management Relations
Investigations
Healthcare

Overview

Maura A. Mastrony focuses her practice on litigating various employment matters arising in state and federal court as well as at the administrative level before the Connecticut Commission on Human Rights and Opportunities and the Equal Employment Opportunity Commission. Maura also handles traditional labor litigation matters such as labor arbitration hearings, injunction proceedings, and unfair labor practice defense.

Maura has represented employers in both labor and employment matters in the following industries:

- Healthcare
- Government contracting
- Security
- Public sector
- Retail
- Hospitality

Prior to joining Littler, Maura served as a law clerk to the Hon. Thomas West and the Hon. Paul Foti at the Connecticut Appellate Court. After clerking, Maura also worked for several years at a leading general practice litigation firm in New Haven where she participated in multiple bench and jury trials and appellate arguments.

Professional and Community Affiliations

- Section Chair, Events Committee, New Haven County Bar Association
- Member, Connecticut Bar Association
- Member, New Haven Inn of Court
- Board of Directors, Elm City Internationals
- Member, Fairfield Judicial District Grievance Panel

Events & Speaking Engagements

Tackling the Intersection Between and Among the ADA, the FMLA, and Collective Bargaining Agreements

May 20, 2025

Understanding the NLRB's Healthcare Rule in Light of Recent Union Organizing Trends and Board Decisions

September 25, 2024

The Resurgence of the Labor Movement and What It Means for Your Connecticut Business

September 14, 2023

That's a Wrap: Important Takeaways from Connecticut's 2023 Legislative Session

August 2, 2023

2022 Update on New and Existing Connecticut Employment Legislation

July 27, 2022

2021 New England Virtual Employer Conference

November 9, 2021

2021 Connecticut Employment Legislation Update

New Haven, CT

September 17, 2021

Virtual Organizing, Mail-Ballot Elections, and Recent NLRB Decisions on Manual Elections: Trends and Best Practices Based on a (COVID) Year in Review

June 24, 2021

Labor Issues in the World of COVID-19

June 11, 2020

Recognition

- Named, Ones to Watch *The Best Lawyers in America*®, 2022-2025
- Named, Rising Star, General Litigation, *Super Lawyers*** , 2014-2017

Education

J.D., Quinnipiac University School of Law, 2007, *magna cum laude*

B.A., College of the Holy Cross, 2004, *cum laude*

Bar Admissions

Connecticut

Courts

U.S. Court of Appeals, 2nd Circuit

U.S. District Court, District of Connecticut

Publications & Press

The NLRB decision on mandatory employer meetings has other, less obvious implications for employers

Westlaw Today

December 12, 2024

Overturing Precedent: NLRB's Game Changing Decisions and the Impact on Employers

Littler Podcast

November 25, 2024

NLRB Jettisons 76-Year-Old Precedent Covering Workplace Meetings

Littler ASAP

November 20, 2024

The NLRB Decision on Mandatory Employer Meetings Has Other, Less Obvious Implications for Employers

Littler ASAP

November 20, 2024

Sixth Circuit Clarifies Employer's Bargaining Obligations During Public Health Emergencies

Littler ASAP

October 9, 2024

Fifth Circuit Scolds NLRB in Case about Employee Outbursts and Requires Board on Remand to Use Standard it Purported to Overrule

Littler ASAP

July 24, 2024

Amidst Union Complaints, New York Adds Guidance for Hospital Staffing Committees

Littler ASAP

April 24, 2024

D.C. Circuit: NLRB Must Weigh Contract-Based Defenses and Enforce Lawful CBA Provisions

Littler ASAP

April 2, 2024

New York District Court Enjoins Enforcement of Law Limiting Employer Speech During Organizing Campaigns

Littler ASAP

March 5, 2024

New Hospital Overtime and Collective Bargaining Legislation Takes Effect in October

Connecticut Law Tribune

August 21, 2023

Connecticut Legislation Changes Overtime Rules for Nurses and Abrogates Collective Bargaining Rights of Private-Sector Hospitals

Littler ASAP

July 28, 2023

Connecticut Imposes Mandatory Staffing Committees on CT Hospitals

Littler ASAP

July 18, 2023

NLRB follows the General Counsel's Lead: Enhanced Remedies May Now Apply to Bad-Faith Bargaining

Littler ASAP

April 26, 2023

NLRB General Counsel Provides Guidance on Non-Disparagement and Confidentiality Provisions in Severance Agreements

Littler ASAP

March 24, 2023

NLRB Decision Addresses Interaction between Confidentiality and Nondisparagement Provisions in Severance Agreements and Section 7 Rights

Littler ASAP

February 27, 2023

With American Steel, Micro-Units Are Again a Likely Possibility

Littler ASAP

December 15, 2022

Potential Rescission of NLRB's 2020 Election Protection Rule

Littler ASAP

November 10, 2022

Transparent Wages: How to avoid running afoul of CT's new salary disclosure law

New Haven Biz

September 6, 2022

NLRB Rules Two Union Representatives Were Not Fired Over COVID-19 Concerns

Littler ASAP

July 15, 2022

NLRB Reaffirms Regional Directors' Discretion to Dismiss Election Petitions Absent a Hearing

Littler ASAP

July 11, 2022

Following the Doctor's Orders: NLRB Decision Prescribes Union Election for Physicians

Littler ASAP

April 11, 2022

Littler Elevates 33 Attorneys to Shareholder

Press Release

January 6, 2022

Best Lawyers in America© 2022 Edition Honors More Than 240 Littler Lawyers

Press Release

August 19, 2021

Connecticut Places New Recall and Retention Obligations on Certain Hotels, Lodging Houses, Food Service Contractors, and Building Services Enterprises

Littler ASAP

July 14, 2021

Employer Entitled to Hearing Over Challenge to Signature on Mail Ballot

Littler ASAP

July 2, 2021

New York Governor Signs Legislation Establishing Mandatory Staffing Committees for NY Hospitals

Littler ASAP

June 28, 2021

Connecticut Passes Law Requiring Disclosure of Wage

SHRM Online

June 21, 2021

Solicitation of Mail Ballots Constitutes Objectionable Conduct

Littler ASAP

June 14, 2021

Connecticut Passes Law Requiring Disclosure of Wage Ranges to Applicants and Employees

Littler ASAP

June 14, 2021

Aggressive vs. Bad Faith Bargaining: Where is the Line?

Littler ASAP

May 31, 2021

NLRB Specifies Recommended Protocols for Manual Elections During COVID-19

Littler ASAP

July 8, 2020

Reopen Connecticut Phase Two: Sector Rules for June 17 Reopening

Littler ASAP

June 17, 2020

Notable Amendments Made to New York's Wage Parity Law Will Affect Home Health Care Employers

Littler ASAP

April 13, 2020

Connecticut Issues Mandatory Safe Workplace Rules for Essential Businesses and Nonprofits Still in Operation Amid COVID-19 Pandemic

Littler ASAP

April 10, 2020

National Labor Relations Board's Response to COVID-19

Littler ASAP

March 26, 2020

New York, New Jersey and Connecticut Issue Restrictions on Workplace Operations in Response to COVID-19

Littler ASAP

March 22, 2020

NLRB Allows Employers to Stop Deducting Union Dues After Expiration of the Collective Bargaining Agreement

Littler ASAP

December 23, 2019

Seventh Circuit Affirms NLRB in Upholding Discharge of Fast and Furious Employee for Highway Misconduct

Littler ASAP

September 13, 2019

5 Noteworthy Changes To Conn. Sexual Harassment Laws

Law360

July 17, 2019

New Connecticut Law Addressing Sexual Harassment Imposes Additional Obligations on Employers

Littler ASAP

June 19, 2019

Legislative Update on Proposed Labor and Employment Bills Affecting Connecticut Employers

Littler ASAP

March 25, 2019

Connecticut to Implement Mandatory IRA Program

SHRM Online

November 7, 2018

Connecticut to Implement Mandatory IRA Program for Private-Sector Employees in 2019

Littler ASAP

October 22, 2018