



Jyoti Mittal

Shareholder

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Practice Areas

Class Action
Wage and Hour
Occupational Safety and Health
Litigation and Trials

Overview

Jyoti Mittal represents employers primarily in the defense of wage and hour class, representative, mass and single actions. She has also defended clients in a broad range of employment litigation matters, including at the administrative level, defending against discrimination, harassment, wrongful termination, unfair competition, and theft of trade secrets. She has considerable experience advising and representing public clients, including hospitals, in Cal-OSHA investigations and actions.

She has handled cases in state and federal court, as well as before administrative agencies, achieving cost-effective, favorable results, including the following:

- Obtained ruling denying class certification of all claims in a wage and hour class and representative action against a large healthcare provider, paving the way for a favorable settlement of claims
- Defended national healthcare provider in wage and hour class actions by successfully moving to dismiss class claims based upon the class representative's agreement to arbitrate only individual claims
- Defended hospital clients in wage and hour class actions regarding missed meal and rest periods and other wage payment issues
- Obtained summary judgment on race discrimination claims for a large hospitality client
- Tried and resolved numerous cases before the California Division of Labor Standards Enforcement involving wage and hour disputes
- Succeeded on countless motions to compel arbitration of claims in both class and single plaintiff matters

In addition to Jyoti's litigation work, she assists clients by researching and counseling in the complex area of wage and hour and leave laws, including drafting compliant wage and hour policies and meal period waivers. Her services also include drafting employee handbooks, conducting human resources audits, and assisting in remediation efforts to cut off future liability.

Prior to joining Littler, Jyoti worked at a full service law firm where she focused her practice on general litigation and corporate matters, such as defending public clients against actions brought under the Americans with Disabilities Act (ADA).

During law school, Jyoti was on the Editorial Board of the *Southern California Review of Law and Social Justice*, a member of USC's Jessup Moot Court Team, and a Student Scholar in the Saks Institute for Mental Health Law, Policy, and Ethics. She also served as an extern to the Hon. Dean D. Pregerson, U.S. District Court, Central District of California.

Recognition

- Named, Ones to Watch *The Best Lawyers in America*®, 2024-2025
- AmeriCorp Legal Fellow *Mental Health Advocacy Services, Inc., Los Angeles*, 2010

Education

J.D., University of Southern California Gould School of Law, 2012

B.F.A., Carnegie Mellon University, 2004

Bar Admissions

California

Courts

U.S. Court of Appeals, 9th Circuit

U.S. District Court, Central District of California

Publications & Press

California Health Care Employers Must Implement California Health Care Minimum Wage Raise By October 16, 2024

Littler ASAP

October 3, 2024

A Lawsuit 'Field Day' Over Calif. Healthcare Worker Wage Hike

In the News

June 4, 2024

California Raises Health Care Minimum Wage, Expands to Affect More Positions

Littler ASAP

October 25, 2023

Littler Elevates 33 Attorneys to Shareholder

Press Release

January 6, 2022

Ethical, Legal, and Clinical Considerations When Disclosing a High-Risk Syndrome for Psychosis

Bioethics, Vol. 29, Issue 8, 543

October 2015