

John H. Adams, Jr.

Shareholder

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Overview

John H. Adams, Jr. represents clients in a broad range of employment law and labor matters. John has experience in both single-plaintiff and class action litigation, including cases involving claims of discrimination, harassment, retaliation, wrongful termination, wage and hour violations and violations under the Private Attorneys General Act. John aggressively defends clients in state and federal courts, binding arbitration and administrative forums. He also has extensive experience resolving cases through negotiation and mediation.

Prior to joining Littler, John worked at a Bay Area law firm where his practice focused on all aspects of civil litigation, from pre-filing through appeal, with a particular emphasis on business and commercial matters.

During law school, John externed for the Hon. Garland E. Burrell, Jr. in the U.S. District Court, Eastern District of California. He taught written and oral advocacy skills to second-year law students in the McGeorge Appellate and International Advocacy Program, was a member of the Anthony M. Kennedy American Inn of Court, and served as associate articles editor for the *Pacific McGeorge Global Business & Development Law Journal*. Prior to law school, he was a journalist, most recently as the Sunday sports editor for the *South Florida Sun-Sentinel*.

Professional and Community Affiliations

- Member, Sacramento County Bar Association

Recognition

- Named, Rising Star, Northern California, *Super Lawyers*, 2013-2016
- Named, Top Lawyer, Employment and Labor, *Sacramento Magazine*, 2015
- Named, Traynor Honor Society *University of the Pacific McGeorge School of Law*, 2007

Education

J.D., University of the Pacific McGeorge School of Law, 2007, *With Distinction*

A.B., University of California, Davis, 1995

Bar Admissions

California

Courts

U.S. Court of Appeals, 9th Circuit

U.S. District Court, Northern District of California

U.S. District Court, Eastern District of California

Publications & Press

Littler Lightbulb: December 2024 Employment Appellate Roundup

Littler ASAP

January 16, 2025

Littler Lightbulb: October 2024 Appellate Roundup

Littler ASAP

November 13, 2024

Littler Lightbulb: July 2024 Appellate Roundup

Littler ASAP

August 2, 2024

Littler Lightbulb: May 2024 Appellate Roundup

Littler ASAP

June 7, 2024

Littler Lightbulb: March 2024 Appellate Roundup

Littler ASAP

April 4, 2024

Littler Lightbulb – December 2023 Employment Appellate Roundup

Littler ASAP

January 5, 2024

Littler Lightbulb – October 2023 Employment Appellate Roundup

Littler ASAP

November 1, 2023

WPI Labor Day Report 2023

Littler Report

September 5, 2023

Littler’s Workplace Policy Institute Releases 2023 Labor Day Report

Press Release

September 5, 2023

Littler Lightbulb – June 2023 Employment Appellate Roundup

Littler ASAP

July 6, 2023

Littler Lightbulb – April 2023 Employment Appellate Roundup

Littler ASAP

May 1, 2023

Littler Lightbulb – February 2023 Employment Appellate Roundup

Littler ASAP

February 28, 2023

Littler Lightbulb – January 2023 Employment Appellate Roundup

Littler ASAP

January 31, 2023

Littler Rings in New Year with the Elevation of 28 Attorneys to Shareholder

Press Release

January 4, 2023

Conducting “Virtual” Workplace Investigations: Practical Suggestions for the Human Resources Professional

Littler ASAP

May 29, 2020