

Alejandro Trejos Gómez

Partner

Castillo Torre Luz

Colima de Tibás, East Side of Ferretería EPA

San José, SJ Costa Rica

main: +506 2545 3600

direct: +506 2545 3630

fax: +506 2545 3699

atrejos@littler.com



Overview

Alejandro Trejos Gómez has broad experience in consultancy for companies operating in Central America and Panama. His practice focuses on monitoring and securing proprietary confidential information and drafting non-disclosure agreements and non-compete agreements. With substantial knowledge of computer science and intellectual property, he is able to assist clients in protecting their trade secrets and other sensitive business information.

Alejandro has taught labor law at the University of Costa Rica and is a frequent contributor for the *Elempleo.com* Section of *Periódico La Nación*. He regularly conducts public and in-house seminars and training programs on labor related subjects of national relevance.

Events & Speaking Engagements

Perspectivas y consejos legales laborales para empresas con operaciones en Iberoamérica

January 24, 2023

Parámetros de evaluación del desempeño laboral bajo las nuevas formas de trabajo post pandemia

September 6, 2022

Retos laborales para empresas 2022 con operaciones en Iberoamérica

February 24, 2022

El regreso a la nueva normalidad laboral

June 24, 2021

Teletrabajo y regreso a la nueva normalidad: Estrategias para la prevención de riesgos

April 20, 2021

Reestructuraciones Empresariales en Tiempos del COVID

September 10, 2020

Reestructuración de costos basado en la terminación de contratos de trabajo / Planes de retiro

May 28, 2020

Fifth Annual Conference in Monterrey

San Pedro Garza García, NLE

October 3, 2019

5a Conferencia Anual en Monterrey

October 3, 2019

5a Conferencia Anual en Ciudad de México

October 2, 2019

Fifth Annual Conference in Mexico City

Ciudad de México, CMX

October 2, 2019

Sexto Foro Regional de Derecho Laboral

Panama City

September 20, 2019

Quinto Foro Regional de Derecho Laboral

October 19, 2018

Fifth Annual Conference in Central America

October 19, 2018

Littler Global Summit 2018 - Part 1: A World of Change: The Current L&E Legal Landscapes in France, Brazil, Mexico, Costa Rica and Other Evolving Jurisdictions

Littler Executive Employer, Phoenix, AZ

May 2, 2018

Current Employment Law Headwinds Facing U.S. Based Gig Economy Companies, As They Expand Into Other Countries

July 12, 2017

Littler Global Primera Conferencia en Centroamérica

San José, SJ

October 29, 2015

Littler Global Central America Conference

San José, SJ

October 29, 2015

First Regional Forum: Proper Use of Technology Under Labour Law

November 14, 2013

Recognition

- Recommended, Labour & Employment *Who's Who Legal*, 2024
- Named, Who's Who Legal Central America, Labour, Employment & Immigration, *Who's Who Legal*, 2018
- Named, Leading Lawyer in Costa Rica *Legal 500 Latin America*, 2016
- Recommended, Labour & Employment *Who's Who Legal*, 2024
- Reconocido sección de Abogados Laborales del Sector Empleador *Who's Who Legal*, 2018
- Reconocido, Líder en Derecho Laboral, Costa Rica *Legal 500 Latin America*, 2016

Education

M.A., Universidad Estatal a Distancia, Costa Rica, 2013

Law Degree, University of Costa Rica, Costa Rica, 2003

M.A., Universidad Estatal a Distancia, Costa Rica, 2013

Abogado, University of Costa Rica, Costa Rica, 2003

Bar Admissions

Costa Rica

Languages

Spanish

English

Publications & Press

COSTA RICA: COVID-19 (Coronavirus) – Employer FAQs

Littler ASAP

March 12, 2020

Littler's Costa Rica Attorneys Named in 2018 Who's Who Legal Central America Labour, Employment & Immigration Guide

Press Release

August 9, 2018

Littler Attorneys Named in 2017 Who's Who Legal Guide

Press Release

September 28, 2017

Littler Ranks in The Legal 500 Latin America 2017 and Chambers and Partners Latin America 2018 Guides

Press Release

September 22, 2017

Costa Rica's Labor Law Reform: Key Aspects Every Business with Operations in Costa Rica Should Know

Littler ASAP

March 10, 2016