

Mattheus Stephens

Shareholder

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Overview

Mattheus Stephens has more than 30 years of trial and litigation experience. He focuses his practice on helping clients navigate the lifecycle of employment litigation with a focus on defending against claims of discrimination, particularly those relating to gender and disability. He also counsels clients on wage and hour matters, conducts workplace investigations, and provides trainings on preventing discrimination and harassment, including gender and LGBTQ+ training.

Mattheus is a frequent speaker on employment and diversity related topics. He also has served as an adjunct professor and California Western School of Law.

Professional and Community Affiliations

- Member, California State Bar Board of Trustees
- Member, San Diego County Bar Association
- Member, American Bar Association
- Member, Planned Parenthood of the Pacific Southwest Board of Directors
- Former President, City of San Diego Civil Service Commission, 2011-2018

Recognition

- AV Rated, *Martindale-Hubbell*

Education

J.D., Rutgers School of Law, Camden, 1990

B.A., College of New Rochelle

Bar Admissions

California

Courts

U.S. Court of Appeals, 9th Circuit

U.S. District Court, Central District of California

U.S. District Court, Southern District of California

U.S. District Court, Southern District of Texas

Publications & Press

What are the challenges and benefits of helping your employees bring their authentic selves to work?

Littler 2 the Point Video

August 22, 2024

Celebrating Pride Month: The Importance of Advocacy and Community

Littler Podcast

June 27, 2024

Cultivating learning for new lawyers

Daily Journal

December 22, 2023

Experienced Trial Lawyer Mattheus Stephens Joins Littler in San Diego

Littler Press Release

August 28, 2023

Speaking Engagements

Transgender Rights in the Workplace

Miss International Queen Pageant

December 9, 2024

Civility: Be Nice. It's the Law: Civility in the Legal Profession

San Diego County Bar Association

December 4, 2024

California Racial Justice Act Lecture

National Association of Women Judges

June 2024

The Importance of Authenticity and Personal Alignment

Littler Executive Employer Conference, Phoenix, AZ

May 2024