

Angel L. Garrett

Shareholder

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Focus Areas

ERISA and Benefit Plan Litigation

Overview

Angel L. Garrett focuses her practice on employee benefits and Employee Retirement Income Security Act of 1974 (ERISA) litigation. She counsels a wide range of clients, from Fortune 500 companies to small family-owned companies to non-profit organizations, on a variety of employee benefits and ERISA matters and handles class action and single-plaintiff cases involving fiduciary issues, management and recordkeeping fees, employee stock valuation, actuarial valuations, investment of plan assets, and benefit claims. Her extensive experience includes representing plan fiduciaries and employers in litigation involving all types of retirement plans, including 401(k) and 403(b) plans, multiemployer plans, church and governmental plans, employee stock ownership plans (ESOPs), executive compensation plans, and health and welfare plans. Angel manages cases through all phases of litigation in federal and state courts, as well as in front of administrative agencies and arbitrations.

In addition to her litigation practice, Angel advises clients on compliance issues related to fiduciary responsibility, prohibited transactions, qualified domestic relations orders, and benefit claims. She also represents clients in investigations by the Department of Labor, and helps prepare and implement policies to correct violations and draft and negotiate settlements.

Angel is a prolific speaker on employee benefit issues, regularly speaking on panels for the ABA Tax Section and at the annual ABA ERISA Basics National Institute.

Professional and Community Affiliations

- Board of Directors, Justice and Diversity Center of the Bar Association of San Francisco

- Board of Directors, Queen's Bench Bar Association of the San Francisco Bay Area
- Vice President, Asian American Bar Association of the Greater Bay Area
- Fellow, Leadership Advancement Program, National Asian Pacific American Bar Association
- Chair, Tort, Trial, and Insurance Practice Section (TIPS) - Employee Benefits Committee, American Bar Association
- Co-Chair, Tax Section - Employee Benefits Litigation Committee, American Bar Association

Recognition

- Named, The Best Lawyers in America®, ERISA Litigation, 2025
- Named, Super Lawyer, Northern California, *Super Lawyers*, 2019-present
- Recipient, Minority Bar Coalition Unity Award, 2021
- Regents' and Chancellor's Scholar, *University of California, Berkeley*, 2003

Education

J.D., University of Illinois at Urbana-Champaign College of Law, 2006, *cum laude*

B.A./B.S., University of California, Berkeley, 2003

Bar Admissions

California

Courts

U.S. Court of Appeals, 9th Circuit

U.S. District Court, Northern District of California

U.S. District Court, Central District of California

U.S. District Court, Eastern District of California

U.S. District Court, Southern District of California

Publications & Press

ERISA Pro Angel Garrett Joins Littler in San Francisco

Littler Press Release

January 16, 2025